

#WhereAreTheyNow

Cochrane Mid-Career Professionals share their story and advice
An initiative by the Cochrane's Early Career Professionals

Jun Xia, is currently based in the UK and China, and is the Co-director of the Nottingham Ningbo GRADE Centre Network and an Editor for the [Cochrane Schizophrenia Group](#). Jun is a mid-career professional and sat down with the [Cochrane Early Career Professionals \(ECP\) group](#) and shared some thoughts as part of the [#WhereAreTheyNow](#) series.



How did you first get involved with Cochrane and what do you do now?

I was introduced to Cochrane by Professor Clive Adams, the founding Editor of Cochrane Schizophrenia Group. He introduced me to the concept of evidence-based medicine, the history and mission of The Cochrane Collaboration, and taught me to skills of conducting a rigorous systematic review. I stayed with the Schizophrenia Group for the next 15 years and worked as a review author, trainer and now as the Group's Editor. A major part of my work involves bring Cochrane reviews to China, where I delivered over 80 workshops in the past decade. In 2019, together with nine other Chinese universities/hospitals, we formed a Cochrane China Network, to expand the reach and advocating for evidence-based healthcare decision making.

What benefits have you gained from being involved with Cochrane?

The greatest gain for me are the people I met through Cochrane. They are dedicated scientists, wonderful teachers and supportive peers, from whom I gained skill, knowledge, values and friendship. Besides that, I also enjoyed the diversity of experience Cochrane offers, for example, one can work as review author, translator, trainer, manager, media communicator etc. It is a great platform for young researchers to discover his/her strength and develop a career.

What would your message be to Early Career Professionals who want to get involved with Cochrane's work but not sure where to start....?

I would encourage early career professionals to join the Cochrane community. One can get involved in a variety of capacities, e.g. peer reviewer, translator, review authors are the most common roles to begin with. I started with the Schizophrenia Group a volunteer translator, and found the content fascinating, which sparked my interest to seek for training in becoming a review author. Of course, Cochrane always need methodologists, clinical inputs, service user perspective, and many other roles – [so write to us](#), let's find the role for you!

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