

#WhereAreTheyNow

Cochrane Mid-Career Professionals share their story and advice
An initiative by the Cochrane's Early Career Professionals

Professor Chigozie Jesse Uneke, from Nigeria, is the Director and Founder of the African Institute for Health Policy and Health Systems, Ebonyi State University, Nigeria. Jesse is also an Associate Editor with the Effective Practice and Organisation of Care (EPOC) group. Jesse is a mid-career professional and sat down with the [Cochrane Early Career Professionals \(ECP\) group](#) and shared some thoughts as part of the [#WhereAreTheyNow](#) series.



How did you first get involved with Cochrane and what do you do now?

I was introduced to Cochrane by Dr Simon Lewin and got involved with the Cochrane Nigeria Centre. I also work as an Associate Editor for the Cochrane [EPOC](#) group.

What benefits have you gained from being involved with Cochrane?

My involvement with Cochrane provided me with a deeper understanding of evidence-informed policymaking and how to use evidence from systematic reviews to support policymakers in the policymaking process. In the last five years, I have used evidence from Cochrane Reviews to support the evidence-to-policy process in West Africa under the auspices of the [West African Health Organization](#).

What would your message be to Early Career Professionals who want to get involved with Cochrane's work but not sure where to start....?

My message to Early Career Professionals who want to get involved with Cochrane's work is to first get acquainted with Cochrane publications and products. They should also endeavour to identify Cochrane training programmes and participate and be ready to join any of the Cochrane Groups for the purpose of mentorship by Senior Professionals already working with Cochrane.

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